

Food allergy and allergens: issues, myths and misconceptions

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Food allergy is a real problem for many Americans, with 12 million people suffering from food allergies. A wide variety of symptoms ranging from mild to severe illness and in some cases, life-threatening anaphylactic reaction have been attributed to food allergies. Despite the recent progress in detection, diagnosis and control of food allergens in food supply, misinformation and regarding food allergy abound. This presentation deals with basic concepts and some common myths and misconception regarding food allergy.

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